

A N N U A L N A R R A T I V E R E P O R T

O F

M R S . L O I S E . H A R R I S O N

C O U N T Y H O M E D E M O N S T R A T I O N A G E N T

G R E E N L E E C O U N T Y

A R I Z O N A

From December 1, 1947, to November 30, 1948

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II. SUMMARY OF ACTIVITIES AND ACCOMPLISHMENTS

A. Narrative

Greenlee County women have become more conscious of Extension Service in the past year as evidenced by greater participation, requests for new affiliated clubs, the formation of a County Homemakers' Council, and the broadening of the program for the coming year.

The lay leadership system of Extension Service has been considered successful, even though operated under difficulties. 32 adult leaders have taught 51 lessons during the year in 9 communities with an attendance of 669. 19 women have served as 4-H leaders or cooperators. They have held 46 meetings in 5 communities with an attendance of 418. This is a very creditable percentage. Leader training meetings were held for all major projects.

The forming of a county Homemakers' Council marks progress made. Extension clubs and affiliated organizations are now numerous enough so that the need for a governing body was recognized. The council immediately voted certain county actions to be taken. Because the council is responsible for the county program, rural women can now feel to a greater extent that it is truly their program.

Because county women attended Country Life Conference for Rural Women of Arizona, they feel more strongly that they belong to the Extension family. Because a "Cowbelles" section of the Cattle Growers Association was formed, county women feel more "in step".

Extension Service has been active in 10 communities, in 9 of which there has been planned group work, in 7 of which there have been organized clubs and affiliated groups. Project studies have been conducted through clubs, church organizations, and special interest groups. Homemakers' club enrollment is 70, affiliated organizations add another 100.

Homemaking information has been given to the public by means of meetings, home visits, circular letters, newspaper articles, radio programs and bulletins. Instruction has ordinarily been given by the demonstration method. A program summary of the year's work may be found at the close of the section "County Homemakers' Project Program". In addition to the above mentioned formal program, assistance has been given by the home demonstration agent on practically any phase of homemaking through home visits, office and telephone calls.

Lois E. Harrison
Greenlee County
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The following state Extension specialists have been in the county to advise and assist the home demonstration agent:

Miss Jean Stewart, state Home Demonstration Leader
Miss Grace Ryan, home management specialist
Mr. Kenneth McKee, state 4-H club leader
Mrs. Ellen Kightlinger, assistant state 4-H club leader
Miss Helen Church, clothing specialist
Miss Reva Lincoln, nutrition specialist
Mr. Harvey Tate, horticulturist

A junior assistant home demonstration agent was in the county for the summer months to carry on the 4-H club program.

Lois E. Harrison
Greenlee County
1948

II. SUMMARY OF ACTIVITIES AND ACCOMPLISHMENTS

B. Statistics

Months in Service	12
Days in Greenlee County	47
Days in Field	35 $\frac{1}{4}$
Days in Office	11 $\frac{3}{4}$
Days spent with adults	38
Days spent with 4-H	9
Home Visits	106
Diffenent homes visited	98
Office Calls	149
Telephone Calls	63
Bulletins Distributed	1051
News Articles	77
Radio Programs	29
Individual Letters	172
Circular letters and cards	68
Mailing List	273
Homemakers' Clubs	5
Enrollment	70
Affiliated Clubs	2
Leaders in adult work	32
4-H Clubs	3
Enrollment	30
Leaders in 4-H work	19
Demonstrations-adult and 4-H	39
Attendance	440
Other Extension meetings	14
Attendance	900
Miles traveled	4972

III. PROJECT ACTIVITIES AND RESULTS

A. Extension Organization and Planning

1. Extension Schools and Conferences

The Annual Conference of the State Extension Staff, held in December, 1947, was one earmarked as realistic. The survey summaries which Dr. Gallup gave have given this agent grounds to stand on many times during the year. Her personal advice concerning lay leadership has been carried out as much as possible. The suggestions and standards for publicity given by Joe McClelland have proved reliable and very usable. The variety and arrangement of the conference must have been a satisfaction to all agents, as it was to this one.

The agent attended a 4-H state policies committee conference held in Tucson in March. The problems of club and membership requirements were discussed and appropriate changes made. The status of health as a project or activity was a subject of much debate. Standards and requirements for the junior leadership project were set up. Conclusions drawn at this meeting were later issued to all county agents. This agent was very pleased to sit in this particular conference and hear at first hand the considerations toward better 4-H work.

Seven ladies of the county attended the annual Country Life Conference for rural women of the state in June. They represented three of the communities of the county. According to the women, one program of the conference was outstanding in their minds--that devoted to house furnishings and the expandable house plans. The ladies brought back to their own clubs and to other county women interesting reports of the state get-together. As a means of stimulating home improvements and the good neighbor policy among our own women, Country Life Conference is a shining example.

Women of Extension Service held their annual conference in Flagstaff in August. The theme of the conference - program planning - was most particularly emphasized by Mr. Howard Baker, assistant Extension Director. He dealt with planning on the basis of county statistics. Mr. Baker's statement that our Extension program must be an over-all one holds true in this county. For county good will and interest we cannot cater to any one group. Miss Jean Stewart, State Home Demonstration Agent Leader, described ways of integrating this over-all county program according to opinions of people, opinions and suggestions of other agencies, opinions of state specialists, and local forces

Lois E. Harrison
Greenlee County
1948

that affect all action taken. The Homemakers' Council, therefore, should be an integral part of program planning. This agent thinks that the discussions led by the home demonstration agents were very valuable in the give-and-take of suggestions and experience. All of us like to hear how someone else is meeting problems similar to our own. This agent has already put into practice the advised methods of program planning.

Miss Jean Stewart, state home demonstration leader, was in the county twice during the year to assist and advise in general program planning and execution. On one of these occasions she held her conference with the home demonstration agent in the headquarters office in Safford. Miss Stewart spoke at a council forming meeting in October on "Developing a Home Demonstration Program". She described the ways in which Extension serves and how we can best arrive at a year's program for homemakers' studies.

Leader Training schools for project work were held in the county by state staff members as follows:

Grace Ryan	Restoring old furniture	Jan. Feb. Mar.
Ellen Kightlinger	4-H leader training	Mar.
Kenneth McKee	"	"
Helen Church	"	"
Reva Lincoln	"	"
Reva Lincoln	Meal Planning	June
Helen Church	Tailoring of Women's Clothes	Sept. Oct. Nov. Dec.

The home demonstration agent received assistance privately from both the home management and clothing specialists in order that she might carry out the project of Home Cleaning of upholstery and clothing for the month of April.

The home management specialist instructed the agent by the private workshop method in order that she might carry the leader training schools for Kitchen Storage in May and June.

All the above training schools were held according to the year's Plan of Work made in advance.

This agent held a private training workshop for Mrs. Mae Baldrige, home demonstration agent in Cochise county, on the project of Low Cost Meals in order that Mrs. Baldrige might carry her own leader training meeting on that subject.

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Greenlee County
1948

III. PROJECT ACTIVITIES AND RESULTS

A. Extension Organization and Planning

2. County Homemakers' Council

A year ago an attempt was made to form a County Homemakers' Council. Few women attended the meeting, although three communities were represented. The forming of a council was postponed for another year. The women who attended that meeting did set up the 1948 county program. In the spring ladies of three groups attended the council meeting in Graham county to see how it was handled. A program of this meeting follows this report section.

This fall a meeting was again called for the purpose of program planning and the possible forming of a council. A county council was established, and temporary officers were elected. These ladies will study a sample constitution and by-laws, give thought to county activities for which a council might be responsible and report such findings to a meeting in the spring of 1949. The ladies present were divided into three subject matter groups, and program planning for 1949 was done. Copies of the recommendations of these groups follow this report section. This suggested program has been sifted and calendarized by a committee composed of temporary officers and subject matter chairmen. Each affiliated organization will receive a copy of the planned program and choose from it projects for its own study. Each group may fill in certain meetings to deal with subjects of its own immediate interests.

The letter, program and minutes of the above described council forming meeting follow this report section.

Five Homemakers' Clubs and two L.D.S. Relief Societies in the county are active in Extension Service training. Work is done through organized groups, special interest groups and home visiting.

The agent is very pleased by the way in which county women have finally taken hold in council work and program planning.

COOPERATIVE EXTENSION WORK
IN
AGRICULTURE AND HOME ECONOMICS
STATE OF ARIZONA

University of Arizona
College of Agriculture
U. S. Department of Agriculture
and Graham County Cooperating

Safford, Arizona

Agricultural Extension
Service
Home Demonstration Work
County Agent Work

April 26, 1948

Dear Homemaker:

As an officer of an Extension Service Homemakers' Club or a church organization, you are cordially invited to the Spring Meeting of the Graham County Homemakers' Council.

Following is the program of the meeting:

Methodist Church Vestry - Safford

Thursday, May 6, 12:30 PM.

12:30 Lunch - Price \$1.25

1:30 Art - Self taught - Hal Empie

2:30 Council Business Meeting

Call to order - Mrs. Ernest Martin, President

Minutes: Mrs. Belle Bryce, Secretary

Business: Old: Change in Constitution

New: Reports of club activities

Mrs. Hazel Bryce, Graham County, President of
Ashurst Homemakers' Club

Mrs. Frances Willis, Greenlee County, President
of York Homemakers' Club

County Program Outlook - Mrs. Lois Harrison, Home Demonstration
Agent

Country Life Conference Announcements - Mrs. Julia Porter,
Graham County Country Life Representative

-Mrs. Vinnie Marshall,

Toastmistress for Banquet of Country Life Conf.

"Opportunity for Club Service" - Miss Jean M. Stewart, State
Home Demonstration Leader

3:30 Adjournment

Please return the enclosed luncheon reservation card by Monday, May 3rd.

Extension Service integrates homemaking training for all groups of women.
Be sure your organization is represented.

Sincerely yours,

Lois E. Harrison

Lois E. Harrison
Home Demonstration Agent

LEH:lg

Mrs. Eula Martin
President, Council

Mrs. Ella Lee
Vice-president, Council

Mrs. Belle Bryce
Secretary-treasurer, Council

GREENLEE COUNTY

RECOMMENDATIONS OF Nutrition and Health PROJECT GROUP

Mrs. Mary Chapman, Chairman

Mrs. E. Evans, Secretary

Madam Chairman: "The Committee on Foods and Health presents the following

1. New Main dishes - use of leftovers and low cost food
2. Changing food habits
3. Canning for the fair
4. Pressure cooker clinic
5. Freezing as a special interest meeting

Health

1. Making milk safe
2. Securing a county nurse
3. Lowering the fluorine in the home water supply
4. Fly control

Madam Chairman: I move the adoption of these recommendations.

/s/ Mary Chapman
Elizabeth Evans

GREENLEE COUNTY

RECOMMENDATIONS OF HOUSE AND HOME PROJECT GROUP

Isabell Nasson, Chairman

Bessie H. Claridge, Secretary

Madam Chairman: "The Committee on House and Home presents the following

- | | | |
|--|-------------|-----------|
| 1. Holiday decorations | Nov. | |
| 2. Room color scheme | Spring |) Special |
| 3. Room arrangements | Fall | |
| 4. Care of Home equipment - anytime | lest wanted | |
| 5. County fair entries and judging - special | | |

Madam Chairman: I move the adoption of these recommendations.

/s/ Isabel Nasson
Bessie H. Claridge
Velma Rutherford

GREENLEE COUNTY

RECOMMENDATIONS OF

HOUSE & HOME PROJECT GROUP

Madam Chairman: "The Committee on House and Home presents the following:

1. Care of FABRICS - LAUNDERING - CARE AND PRESSING OF CLOTHING
2. Remodeling Dresses - salvage makeovers
3. Knowing pattern - alterations
4. Grooming - selection of foundation garment
5. Handwork

Sewing machine - special interest

Dry cleaning clothes for Franklin in place of No. 3

Madam Chairman: I move the adoption of these recommendations.

/s/ Irene Kennedy
Bernice Park
Mattie Foote

COOPERATIVE EXTENSION WORK
IN
AGRICULTURE AND HOME ECONOMICS
STATE OF ARIZONA
—
DUNCAN

UNIVERSITY OF ARIZONA
COLLEGE OF AGRICULTURE
U. S. DEPARTMENT OF AGRICULTURE
AND GREENLEE COUNTY COOPERATING

AGRICULTURAL EXTENSION SERVICE
HOME DEMONSTRATION WORK
COUNTY AGENT WORK

October 12, 1948

Dear Homemaker:

Greenlee County now has a large enough number of Homemakers' Clubs and church organizations affiliated with the Extension Service of the University of Arizona so that we really need a program governing body. A year ago representatives from some groups met to formulate the Extension program for this current year. Now it is time to plan the projects to be carried in 1949.

Most counties in the state have a Homemakers' Council made up of the officers of all homemakers' clubs and other affiliated organizations. All meetings of the Council are open to all ladies interested. This Council plans the County Extension Service program according to local needs and requests of organizations.

We are calling a meeting of the officers, and any other members interested, of all Homemakers' clubs and church organizations to discuss the forming of such a council and to set up the 1949 program for Extension Service in the county.

The meeting will be held at the home of Mrs. Mattie Foote of York on Monday, October 25th, at 2:00 P.M.. The York Homemakers' Club will be hostesses. This central location for the meeting will make it easy for ladies from different parts of the county to attend.

As President of your organization, will you please be responsible for telling your officers and club members about this meeting and seeing that your group is represented in attendance. Enclosed is a meeting program.

Extension Service wants to give real service to you ladies, and can do so much better if you guide us in bringing you what you want in training and assistance.

Please return the enclosed attendance card by October 20th. Be sure your organization is represented.

Sincerely,

Lois E. Harrison
Home Demonstration Agent

LEH:bjs
Encl's

PROGRAM OF THE MEETING

Home - Mrs. Mattie Foote
Monday, October 25, 2:00 P.M.

2:00 P.M. Registration

Call to Order

Mrs. Fill Chapman, President
York Homemakers' Club

Business Report

Mrs. Irene Kennedy, Secretary
Franklin Homemakers' Club

2:15 Greenlee County Outlook

Mr. John L. Sears
County Agent

Survey of Homemakers' Needs

Mrs. Lois E. Harrison
Home Demonstration Agent

2:30 Developing a Home Demonstration
Program

Miss Jean M. Stewart
State Home Demonstration Leader

2:45 Responsibilities of County Council

3:00 Setting up Council Organization

Election of Temporary Officers

3:15 Planning 1949 Program

Subject Matter ---
Divisions

Nutrition and Health
Mrs. Bunnell Payne

Clothing
Mrs. George Moyers

House and Home
Mrs. Isabel Nasson

4:15 Appointment of Program Sifting Committee

Adjournment

Social

MINUTES OF THE GREENLEE COUNTY COUNCIL MEETING
October 25, 1948

A meeting called for the purpose of forming a county council and planning the 1949 Homemakers' program was held on October 25th, 1948 at the home of Mrs. Mattie Foote in York. Homemakers' clubs and church organizations were represented by the 12 ladies present.

The meeting was called to order at 2:00 P.M. by Mrs. Mary Chapman, President of the York Homemakers' Club. Minutes of a meeting held in October, 1947 for program planning were read by Mrs. Irene Kennedy who had served as secretary of that meeting.

The recent county fair was discussed and recommendations made for next year. The ladies agreed to: try to have woman member of the county fair commission; select a representative in each community who will be responsible for getting entries from his community to the fair; set up as an Extension project for 1949 the teaching of what makes suitable entries to the county fair.

Mr. John Sears, county agent, spoke on the Greenlee County Agricultural Outlook. He stressed county fair possibilities, gardening, cotton growing, dairy production and irrigation water. Mrs. Lois Harrison, home demonstration agent talked about county homemakers' needs according to surveys. She emphasized community and health needs. Miss Jean Stewart, state home demonstration leader discussed the developing of a home demonstration program. She described the set-up of Extension Service from the Federal government to the local lay leader, and explained the major subject matter areas in which Extension serves in Arizona.

Activities and responsibilities of a county council were described by Miss Stewart and Mrs. Harrison. The ladies present voted to establish a county council, and elected as temporary officers Mrs. Mary Chapman, Chairman, Mrs. Isabel Nasson and Mrs. Bessie Claridge. These ladies were asked to study a sample council constitution and by-laws and sponsorships for which the council may be responsible. They will report back to a spring council meeting.

Ladies present were divided into three subject matter groups to make recommendations for the 1949 program. These three committees reported back to the general meeting their recommendations in the areas of Nutrition and Health, Clothing, and House and Home.

A sifting committee to arrange and calendarize the 1949 program was appointed, made up of the temporary council executives, Mrs. Irene Kennedy and Mrs. Mary Moyers. This committee will meet on November 4th to do the program sifting.

The meeting was adjourned at 4:30 P.M. after which dainty refreshments were enjoyed.

Respectfully submitted,

Mrs. Bessie Claridge

Lois E. Harrison
Greenlee County
1948

III. PROJECT ACTIVITIES AND RESULTS

A. Extension Organization and Planning

3. County Homemakers' Project Program

A project program for the year 1948 was made by the following sequence of activities:

1. requests made by homemakers' clubs, other organizations, and individuals
2. critical appraisal of homemakers' needs according to surveys of the county, and past project studies
3. recommendations for year's project program made by club women
4. calendarizing of recommendations
5. project program issued to each homemakers' club and affiliated organization
6. acceptance of all or part of the program by each organized group

A copy of the planned program for 1948 was sent to the state home demonstration leader, through whom arrangements were made for the services of specialists. A detailed Plan of Work and teaching outline was made to facilitate the carrying out of the program. A copy of the program summary by months and by projects follow this report section.

A similar sequence of activities has been carried out in 1948 to establish the Project Program for 1949. The home demonstration agent is gratified that a County Homemakers' Council has been formed which took an active part in program planning. This past year a program sifting committee reviewed the recommendations made at the council meeting, sifted and calendarized the suggested projects. This committee was composed of temporary council officers and subject matter **chairmen**.

For 1949 the year's program has been made into five classifications:

1. county club projects
2. county special interest projects
3. local club special interest projects
4. county council projects
5. newspaper and radio teaching projects

A copy of the program summary by months and by projects follows this report section.

Lois E. Harrison
Greenlee County
1948

In Greenlee Extension Service and the L.D.S. Relief Societies cooperate very closely in program planning and execution. As affiliated organizations the Relief Societies send their work directors to Extension leader training meetings, and use the Extension teaching very effectively.

During the past year only one Homemakers' Club furnished its members with year club program booklets. However, it was definitely found that the group which had booklets for reference ran more easily and smoothly. Other clubs have now adopted the idea, and will use program booklets for 1949.

Project leaders will be selected in clubs by the first of January. Their names will appear in the year program booklets. Leaders are chosen by several methods - volunteering, appointment and election. Leader report forms for specific projects are given to all leaders, and are returned to the home demonstration agent so that an evaluation of projects may be made. The system of lay leadership has progressed remarkably during the past year. Some leaders have been excellent, and all clubs and affiliated organizations have carried on by using leaders. Extension Service has become widespread enough in the county so that leaders have to be relied upon. The home demonstration agent sent out one circular letter which explained the lay leadership system and the need for it in the county. A copy of this letter follows this report section.

One new Homemakers' Club was organized - in Plantsite. It is made up of young mothers who had a sewing club, and who can use to best advantage the teaching which Extension Service gives.

The special interest schools held have been very popular. Many ladies had missed the school for the tailoring of children's clothing in 1947, but they turned out in large numbers to the school for the tailoring of women's clothes in the fall of 1948. Twenty-eight ladies started the course, which is a great many for a special interest school. Additional special interest schools are planned for 1949 as indicated in the year program summary which follows this report section.

SUMMARY BY MONTHS
for period
January 1, 1948 to January 1, 1949

MONTH	PROJECT WORK		NO. SPECIALIST DAYS	
JANUARY	Adult	Restoring old furniture	1	(LTM)
	4-H	Demonstration and judging training		
FEBRUARY	Adult	Restoring old furniture		
	4-H	Preparation for National 4-H Club Week	1	(LTM)
MARCH	Adult	Restoring old furniture	1	(LTM)
	4-H	National 4-H Club Week		
		Leader training & dem. judging, showmanship	3	(LTM)
APRIL	Adult	Home cleaning - clothing upholstery		
	4-H	Preparation for Achievement Day		
MAY	Adult	Kitchen storage		
		Meal planning	1	(LTM)
	4-H	County Achievement Day; training for State Round-up	1	
JUNE	Adult	Kitchen storage		
	4-H	State Round-up - organization of clubs		
JULY	Adult	Meal planning		
	4-H	Camp		
		Concentrated project work		
AUGUST	Adult	Program for 1949		
		Election of officers		
	4-H	Project work Preparation for County Fair		
SEPTEMBER	Adult	Home beautification	1	
		Tailoring - adult - special interest	1	(LTM)
	4-H	Preparation for County Fair, State, & National Contests		
OCTOBER	Adult	Book review		
		Tailoring - special interest	1	(LTM)
	4-H	County Fair	3	
		Leader Training	4	(LTM)
NOVEMBER	Adult	Handicraft		
		Tailoring - adult - special interest		
DECEMBER	4-H	State Fair		
	Adult	Handicraft - Recreation		
	4-H	Club Congress - Recreation		

Specialists' requests will be made as indicated on the sheet "Summary by Months".

Specialists' services indicated for other projects in the body of the Plan will be given at such times as the specialists are in the county for otherwise requested days.

PROJECT SUMMARY
for period
January 1, 1948 to January 1, 1949

PROJECT	PROBLEMS SELECTED	WHEN
Extension Organization and Planning	County Council Organization New Adult Clubs New 4-H Clubs Publicity Leadership training - adult and 4-H	May - Sept. Feb.-Mar. Jan.Feb.Mar. All year All year
House, Furnishings, and Surroundings	Restoring old furniture Home cleaning Kitchen storage Home beautification	Jan.Feb.Mar. Apr. May-June Sept.
Food Production Food Preservation & Storage Food Selection and Preparation - Nutrition	Canning and freezing - adult and 4-H Care and testing of pressure cookers Meal planning - adult and 4-H	Summer May-June May-Ju-Jul-Aug.
Health and Safety	Cooperate toward County Health Service Cooperate on fluorine problem Safety publicity	Early spring All year
Family Economics and Home Management	Kitchen storage 4-H records	May - June All year
Clothing and Textiles	Home cleaning Tailoring of adult's clothes Construction - 4-H	April Sept.Oct. All year
Family Relationship		
Recreation and Community Life	Book review Achievement Days - Adult and 4-H Country Life Conference	Oct. June
4-H Club	Build up year 'round clubs New clubs Leader training	Jan.Feb.Mar. Mar.-Oct.
Other	County Fair State Fair	Summer - Fall Summer - Fall

County

Greenlee

SUMMARY BY MONTHS
for period
January 1, 1949 to January 1, 1950

MONTH	PROJECT WORK	NO. OF SPECIALIST DAYS
JANUARY	Adult Fluorine in local water supplies	
	4-H Horizontal project work	
FEBRUARY	Adult Food Laws of Arizona-Milk, Meat, Undulant Fever	1 (LTM)
	4-H Horizontal project work Preparation for National 4-H Week	
MARCH	Adult Room color schemes and arrangements	1 (LTM)
	4-H National 4-H Club Week Celebration	
APRIL	Adult Home Pest Control	1 (LTM)
	Sewing Machine Clinic - Special Interest	1
	Spring County Council Meeting	
	4-H Demonstration and Showmanship, Training for leaders and club members	2 (LTM)
MAY	Adult One Dish Meals, Main Dishes, Use of Left-overs	1 (LTM)
	Freezing of foods - Special interest	1
	4-H Demonstration and Judging Training Preparation for State Round-up	
JUNE	Adult Canning for home and county fair, General county fair entries Pressure Cooker Clinic - Special interest Country Life Conference for Women	
	4-H State Round-up	
JUNE	Reorganization of Clubs	
	Adult Recreation and community life	
JULY	4-H Concentrated, vertical project work Summer camp - leader training	1 or 2 (LTM)
AUGUST	Adult Years' business meeting and recreation-Book Review HDA'S Conference	
	4-H Project work Achievement Day	1
SEPTEMBER	Adult Making the best of appearances-Foundation Garments	1 (LTM)
	Fall County Council Meeting	
	4-H Preparation for County Fair	
OCTOBER	Adult Care of Fabric- Laundering, Pressing	1 (LTM)
	County Fair	?
	4-H Participation in County Fair	
NOVEMBER	Adult Holiday Decorations or handwork	1
	4-H Participation in State Fair	
DECEMBER	Adult Recreation and community life	
	4-H Recreation National Club Congress	

See attached page for further comments

Attachment for Tentative Summary by Months
For period January 1, 1949 to January 1, 1950

Greenlee County

In addition to the above, local special interest projects for adults are scheduled. Clubs may replace any of the above county program projects by the following:

Pattern Alterations
Dry Cleaning of Clothes and Cloth Toys
Childrens' Clothing Construction
h

* * * * *

County Council project are as follows:

1. Temporary council officers study a sample constitution and by-laws, give thought to county activities for which a council might be responsible, and report all results and findings to the spring council meeting
2. Endeavor to get two women appointed as members of the County Fair Commission
3. Being responsible for representatives being selected in each community of the county to see that their respective communities have entries in the fair

* * * * *

A comparison of the year's programs for Graham and Greenlee counties shows that, even though they are different in a few months, the service of the same specialist may be requested in any one month, or the home demonstration agent will be prepared to handle the different projects.

* * * * *

Specialists' requests will be made as indicated on the sheet
"Summary by Months"

All Leader Training Meetings are normally scheduled in the first full week of the month

Specialists' services indicated for other than LTM's may be needed at various times in any month indicated

Specialists' services needed by the home demonstration agent for projects for which no specialist is called into the county may be given at such time as they are in the county for otherwise requested days

PROJECT SUMMARY

for period
January 1, 1949 to January 1, 1950

PROJECT	PROBLEMS SELECTED	WHEN
Extension Organization and Planning	New adult clubs County Council Meetings County, special int., local sp. int., council project planning & execution New 4-H clubs 4-H program planning & execution	Jan. to Apr. Apr., Sept. Year June Year
House, Furnishings, and Surroundings	Room color schemes and arrangements Home improvement - 4-H	Mar. Summer
Food Production	Food laws of Arizona	Feb.
Food Preservation & Stor.	One dish meals, main dishes, left-overs	May
Food Selection & Prep.	Freezing	May
Nutrition	Canning Pressure cooker clinic 4-H food preservation and preparation	June June Summer
Health and Safety	Fluorine in home water supplies Food laws in Arizona Health emphasis in 4-H	Jan. Feb. Summer
Family Economics and Home Management	Holiday decorations or handwork Pest control 4-H records	Nov. Apr. Year
Clothing and Textiles	Sewing machine clinic Making best of appearances Care of fabrics Pattern alterations Dry cleaning Children's clothing 4-H clothing construction	Apr. Sept. Oct. As requested " " " " Summer
Family Relationship	4-H club membership	
Recreation and Community Life	Country Life Conference Book Review Club recreation County and State Fairs 4-H Round-up 4-H Achievement Day	June Aug. Oct., Nov. Aug.
4-H Club	Continue year round clubs New clubs Leader training	 June Apr.
Other	Publicity- newspaper, radio	Year

COOPERATIVE EXTENSION WORK
IN
AGRICULTURE AND HOME ECONOMICS
STATE OF ARIZONA

University of Arizona
College of Agriculture
U. S. Department of Agriculture
and Graham County Cooperating

Safford, Arizona

Agricultural Extension
Service
Home Demonstration Work
County Agent Work

July 2, 1948



The Proof
of the
 pudding!

Dear Homemaker;

Arizona is growing up and falling in line with other states operating in Extension Service on a lay leadership basis. We are nearing the end of the first fiscal year in our program of Extension Service work wherein we have practiced lay leadership in Graham and Greenlee Counties. Perhaps, then, now would be a good time to evaluate the program to see: what lay leadership is, why we use lay leadership, how much it has grown, and how it works.

Lay leaders are usually farm homemakers, members of church or neighborhood organizations, or in the case of Junior 4-H leaders - older 4-H club members - who are intimately aware of the needs of their communities with a genuine interest to fulfill those needs.

It used to be that the home demonstration agent attended all homemaker meetings, but now with the growth of the program this is no longer possible. It is estimated that of the women Extension Service wants and needs to serve, not more than 1/3 regularly attend meetings, leaving 2/3 who need assistance from the agent through her office, home visits, written articles, telephone service, office service, and radio. Also since the 4-H program does not now have local school sponsors, or home economics teachers as club leaders, but is a year-round community project, and the clubs are led by lay persons who volunteer, the agent has more leaders to train. This extends the help of Extension Service farther into the communities.

Leader training meetings for every major project of the year's adult program are being held normally each month. Leaders of Homemakers' clubs or other affiliated organizations are trained to carry information back to club members at regular meetings. 4-H leaders are trained at schools held twice a year and by personal visits of the home demonstration agent.

As a part of the lay leadership program, 4-H county events are now judged by local women instead of members of the Extension staff, which means another type of training that is carried on.

Locally the Extension Service makes a special point of building a program which will fit in with the L.D.S. training program so that their leaders can be trained through the same channels.

From the foregoing it can be seen that more leaders are now being trained, in both 4-H and home-making activities, and that they are reaching more individuals. A review of the number of organizations operating through Extension Service leadership training helps us to see how more people are served;

	Beginning of 1947 (Without Lay Leadership)	1948 (With Lay Leadership)
Number of Homemakers' Clubs (Graham)	1	4
Number of affiliated organizations (Graham)	1	9
Number of Homemakers' Clubs (Greenlee)	1	5
Number of affiliated organizations (Greenlee)	0	2
Number of Girls' 4-H clubs (Graham)	6 (school type)	15 (community)
Number of Girls' 4-H clubs (Greenlee)	4 (school type)	4 "

In addition to other activities we now have a regular weekly radio program which reaches homemakers in all Eastern Arizona each Saturday morning at 11:30.

It is our hope that this growth in the numbers of leaders, as well as the number of organized clubs, will continue, and help us to reach more homemakers and girls training for homemaking, than we have been able to do in the past. We feel that the quality of our leadership has been good, and that with the interest that has been shown by the leaders, it will be better. As more clubs are organized, and more leaders trained, more people should have the help with their problems that Extension Service wants to give.

Sincerely yours,

Lois E. Harrison
Lois E. Harrison
Home Demonstration Agent

LEH:lg

III. PROJECT ACTIVITIES AND RESULTS

A. Extension Organization and Planning

4. Publicity

Extension Service has been put before the public in Greenlee County through several expedients. The local weekly newspaper, the "Copper Era", carries a regular column by the home demonstration agent, a sample of which follows this report section. Aside from the agent's column, news relating to specialties such as exhibits, leader training meetings, and special demonstrations are released by the agent. Other news concerning club activities is issued to the press by club reporters, samples of which follow this report section. Keener club spirit and enthusiasm are a result of local reporting by women. The cooperation of the local editor is excellent and most satisfying to the county people and the home demonstration agent.

The home demonstration agent sends to the "Arizona Farmer" news articles of county activities which are considered to be of broader, state interest. For special occasions in the county, this paper sends a reporter into the county.

Extension Service news is issued to the above papers by our state Extension information office.

The home demonstration agent and the county agent of neighboring Graham County have carried a weekly radio program during the past year. All broadcasts of the home demonstration agent are for women and families of both counties. On several occasions the county agent of Greenlee County has taken part in the programs. The air time - each Saturday from 12:30 to 12:45 P.M. - seems very fortunate. That is a time when farmers, homemakers and 4-H young people may be found at home. The name of the program is "Stepping Along with our County Extension Service", the musical theme is the lively march "Stepping Along". It has been the policy of all agents participating to vary the programs, but local interest is always a main feature. The home demonstration agent has carried out a part of the planned program of the year by teaching over the air. When state specialists have been in the county, they have contributed in group or round table discussions on the radio. The home demonstration agent has called on local women and 4-H girls to take part in the programs.

In addition to the regular radio programs, the home demonstration agent has announcements made from time to time on other feature programs - "The bulletin board of the

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air" and "The Greenlee County Hour". A special broadcast was made during the "National Home Demonstration Week" telling of the Extension home demonstration program and the local news of a recent County Homemakers' Council meeting.

From time to time during the year the home demonstration agent sent out circular letters to a homemakers' mailing list of 273 names. These letters carried items of current interest.

The following list gives the titles of the home demonstration agent's local newspaper column "Housekeeping Helps and Hints":

How will you start? (breakfast)
How good is an egg?
Buying fruits and vegetables
More tips on buying fresh produce
Hens for the freezer
Cool keeping (canned foods)
Remove bones from turkeys for freezing
Your frozen foods (preparation of)
When you freeze foods
Some canned foods lose natural color
Cool cupboard
When using pressure canners
Proper canner operation
Lazy chickens are good for canning
Tips on carving
When we have to look at left-overs
How do you like your celery?
Middle American veal rolls
Superb and homey dish from middle America
What about carrots?
Citrus delights
Sweet potatoes make excellent desserts
Make a hit with the family (cookies)
Stews make thrifty meals
Cooking potatoes under pressure
Cook rice the way you want it
Winning ways with apples
Conservation tips
New USDA cook book
Survey on citrus juice
Miss Potato of 1948
Cantaloupes
Picnic Foods
Food for families with school children
Coconut dessert
Picnic time
Cook meat according to cut
Sour? (use of sour cream)
Venison needs proper care in cooking
A Thanksgiving Theme
The turkey and his vegetable companion

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Cranberries in the spotlight
Pointers for a pin-up girl
Women's opinion on cotton
Treat rayon cloth gently
Take care when choosing socks
Care needed in skirt making
Dress up your last year's dress
Do you know your rayon?
Does that slip fit?
Shoe costs analyzed
Autumn brings collar back
Know what the label means
Care needed in washing gloves
Mend your pots and pans
Brass, copper or iron, take care of it in your home
Enamelware and agateware, steel, tin and glass care
Take care of your linoleum
Take care of your aluminum and chromium

The following list gives the titles of the home demonstration agent's radio talks which pertained to adult work:

Extension Program and How it operates
Furniture Renovation Schools
Tailoring school and hints on tailoring
Use and care of pressure sauce pans
Spring clothes and the "New look" as well as new look in the home
Recorded program with Miss Ryan on House Furnishings
Program with Mr. Harvey Tate on Home and grounds beautification
Saving Food
Kitchen and Household Pests
Frozen Food Lockers and the cooking of frozen foods
How to select a new sewing machine
Decorating with slip covers
Lawns and home grounds beautification - Miss Stewart
Spring diets
Today's Home builds Tomorrow's World - Home Demonstration Week
Washing and ironing clothes
Daily bread
Current Projects - Kitchen Storage Hints
Canning and Freezing summer fruits and vegetables
Freezing Vegetables
Pressure Cookers and their safe use
Tailoring School news and current homemakers' club program
Freezing of foods - baked and cooked
Breakfasts

HOUSEKEEPING
By **H**ELPS AND
Mrs. **H**INTS
Lois. E. Harrison

Home Demonstration Agent
Safford, Arizona

COOL KEEPING

Heat is the culprit, but light often gets the blame for deterioration of color and flavor in home-canned foods during storage. Because of the mistaken idea about light, many housewives carefully store jars in the dark or even wrap them in paper, but give less attention to temperature.

Cool, rather than dark, storage is important for keeping canned food at its best. Many tests have shown that, in ordinary home storage, light has no effect on canned food, but that the warmth of ordinary room temperature causes changes in color and flavor and loss of nutritive value.

Colored foods, such as beets and raspberries, stored at room temperature (70-80 degrees F.), lost color and flavor, regardless of whether they were in the dark or on a shelf exposed to light. But these qualities were well retained when the products were stored at 42 degrees F.

Oxidation—the action of oxygen in the air entrapped in the container—is what damages color and flavor and destroys some vitamins, especially vitamin C. Oxidation is increased and speeded up by warmth, but retarded by cold. The warmer the storage, the more rapid the deterioration.

Food canned at home may suffer more damage from oxidation than commercially processed food, not because of light coming through the glass, but because more air may be left in the jar. This is particularly true of such products as fruits that are given only a short process in a boiling water bath. Cool storage, therefore, is recommended to hold the appetizing qualities and vitamin content of home-canned food. It is also advised for commercially canned products. All canned foods should be stored at temperatures below 70 degrees F.

The new method of canning fruits with added ascorbic acid (vitamin C) is a great protection against damage from oxidation because this substance absorbs oxygen in the jar and prevents it from acting on the fruit. Even when ascorbic acid is used, cool storage is advised to protect

AS XMAS PARTY

The annual Christmas party and pot luck dinner of the Franklin Homemakers club was held at the home of Gertrude Gale, December 12. After the dinner the hostess read a Christmas story and gave some jokes. Useful gifts were exchanged by drawing numbers.

Their next meeting will be held January 23 at the home of Isabel Nason. Restoring old furniture and repair will be discussed by Ione Packer and Gertrude Gale.

Homemakers Club To Meet In Plantsite

The Plantsite Homemakers Club will meet November 23, Tuesday, in the home of Mrs. Henry Davis of 106 Paradise Lane in Plantsite. The meeting will be held at 1 p.m.

Mrs. Lois Harrison of Duncan, County Home Demonstration Agent will give instructions on stemming of textiles. Anyone interested is welcome to attend the meeting.

III. PROJECT ACTIVITIES AND RESULTS

B. House and Furnishings

The House and Furnishings area of Extension Service teaching had a prominent place in the past year's work. The project of Restoring Old Furniture was studied in the months of January, February and March. Three leader training meetings were held with the home management specialist. The work was divided into three categories - spring resetting and tying, refinishing of woods, and reupholstery or slip covering. The women meant business when they said that they wanted to know how to fix their furniture. Workshop days in addition to leader and club meetings were held. On these workshop days several women helped repair or recover some piece of furniture belonging to the woman at whose house they met. Leaders made much of their own illustrative materials to use in their teaching. Ladies have profited by being able to repair or refinish chairs, davenport, couches, beds and tables. Some built by their own handiwork footstools and worktables. Leader reports show that some thirty women have restored pieces of furniture to new use.

One lady refinished and re-upholstered an entire antique dining room set and an occasional rocker. For refinishing the wood she used the oil rubbing process which has given the furniture the delightful luster which should be a part of good antiques. She brought at least one of her articles to each club meeting, thus giving all the group further training and experience in specific problems. Pictures of her refinished furniture follows this report section.

The home demonstration agent worked with leaders in some of their club meetings, and has assisted individuals with various furniture problems. The project of restoring old furniture will long show results in the county. What the women have learned will stay with them a long time, and many more ladies will benefit by the friendly, neighborhood teaching methods of rural women. The introduction to color and fabrics which the women got in this project has led to the planning of Room Arrangement and Color scheme projects for the coming year.

Four families built new houses in the past year. The home demonstration agent assisted them in the planning of some features - kitchen arrangements and cabinets, closets. Several families remodeled or re-arranged their kitchens.

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The farm house on the University of Arizona Experimental Farm near Safford continues to be a subject of interest in house building and room arrangement. Certain built-in features of the house have been copied.

Radio talks which dealt specifically with House and Furnishings are as follows:

Furniture Renovation School
New look in the home
House Furnishings
Home and Grounds Beautification
Decorating with slip covers
Lawns and Grounds Beautification



Re-upholstered armchair of
Mrs. Charlie Brooks.



Re-upholstered and refinished
chair of Mrs. Charlie Brooks.
The wood is oil rubbed.

III. PROJECT ACTIVITIES AND RESULTS

C. Nutrition

The war made everyone food conscious for general economic reasons, but this year it has been the very high cost of food that has made all people give serious thinking to food and food buying. Nutrition work in the county was concentrated on Meal Planning, or "What You can do with Meals".

The state Extension nutritionist was in the county to hold a leader training meeting for the subject lesson. Colored slides and food models were used as impressive methods of food study. Leaders made a week's menus for their own families, scored them by the Daily Seven food chart, and made shopping lists according to food group headings. The all day meeting included a planned pot-luck dinner, so that the ladies experienced meal planning on the spot. The training was so planned that leaders might choose what parts they would handle with their own organizations. Illustrative materials and bulletins were furnished to them. In the clubwork which followed many women came to see the advantage of planned meals and planned shopping. Since many of them are ranch women, they can readily appreciate planning against the hit-and-miss method. Basic Seven - or Wheel of Good Eating - charts now hang in many kitchens, where whole families may keep watch of meals in relation to the recommended foods of the chart. Repeat requests have been made for the bulletin "Meal Planning made Easier". This project was extended to women who do not attend meetings through the medium of radio.

Because of the above described project and the continued high food prices, study of food buying and low cost meals has been put into next year's program. Women are interested in having some food prepared at all food lesson meetings, and special feature lessons made of one dish meals, main dishes, and the use of left-overs.

One food and health situation has been brought to marked attention this past year, and is to be studied as a project next year - Food laws of Arizona. Milk pasteurization and undulant fever will be studied in detail.

Leader reports which show the results of the nutrition project have been turned in to the home demonstration agent. As well as showing the effectiveness of this year's project, they will be useful in arranging next year's lessons in the nutrition field.

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Individual requests were answered about canning and freezing. These projects were not a part of the club program, but they were handled by means of news articles and radio talks. Retaining the food value of preserved foods was stressed.

The "Housekeeping Helps and Hints" column of the home demonstration agent in the local newspaper has published the following articles which deal specifically with Nutrition:

How will you start? (breakfast)
How good is an egg?
Buying fruits and vegetables
More tips on buying fresh produce

Radio talks of the home demonstration agent which definitely stressed Nutrition were as follows:

Cooking of Frozen Foods
Spring Diets
Daily Bread
Breakfasts

III. PROJECT ACTIVITIES AND RESULTS

D. Food Preservation and Storage

In 1948 Food Preservation was not a specific art of the club program, though it was a definite part of the general county teaching. Individual assistance or advice was given on the problems of both canning and freezing. Teaching was done also through the press and radio.

The latest USDA canning bulletin was issued to many. Women are glad that the pressure cooker processing times have been shortened, and they are all desirous of following the instructions. Days were set aside for the testing of pressure cooker gages and safety valves. Instructions for the use and care of pressure cookers which goes along with their testing is all important, and very much needed. It is still true that many women using cookers do not use and care for them properly and safely. Realizing again that women should be warned about the safety feature, the home demonstration agent tried to spread instructions over the radio.

Home canning is not done to any great extent in the southern part of the county. It is done "to the good old fashioned extent", however, in the northern part. There families do raise good gardens, have fruit orchards, and, since they live remote from shopping centers, they show well filled food cellars.

Interest in home canning was awakened by the county fair, and next year's program includes a lesson on canning. Pressure cooker testing will be done at these club meetings, rather than at one or two set places. The agent is sure that this system will result in more cookers being tested.

A summary of the food preservation questionnaire shows that a cross section of the county families preserved food as follows:

Average Number in Family - 4			
Amount	Fruits	Vegetables	Meats & Fish
Quarts canned	1062	213	60
Gallons brined	3	16	
Pounds dried			
Pounds cured			
Pounds stored			
Pounds frozen	84	166	2620

A copy of the preservation questionnaire follows this report section.

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Freezing as a method of preservation is growing in popularity. Families in greater numbers are using the facilities of freezer locker plants in Clifton or Safford, and a surprising number have home freezers. Since not too much garden or orchard produce is raised in the county, one questions whether or not the buying of freezers is a wise use of money. It must be that people definitely prefer frozen foods over canned and are willing to pay the difference in price. The freezing units can constitute a saving when foods are bought at wholesale - either fresh or package frozen.

Since a freezer unit is not yet the expected piece of equipment in rural and ranch kitchens freezing will be taught next year as a special interest project. One meeting will be held for folks of the north at the locker plant in Clifton. One other meeting will probably be held in a home for south county folks.

Following this report section is a radio talk given by the home demonstration agent on the subject of freezing. Others dealing with Food Preservation were:

Use and care of pressure sauce pans
Frozen Food Lockers and the cooking of frozen foods
Canning and Freezing summer fruits and vegetables
Freezing vegetables
Pressure Cookers and their safe use
Freezing of foods - baked and cooked

The following articles dealing specifically with food preservation were carried in the home demonstration agent's column in the "Copper Era":

Hens for the freezer
Cool keeping (canned foods)
Remove bones from turkeys for freezing
Your frozen foods (preparation of)
When you freeze foods
Some canned foods lose natural color
Cool cupboard
When using pressure canners
Proper canner operation
Lazy chickens are good for canning

COOPERATIVE EXTENSION WORK
IN
AGRICULTURE AND HOME ECONOMICS

University of Arizona
College of Agriculture
U. S. Department of Agriculture
and Graham County Cooperating

State of Arizona
Safford, Arizona

Agricultural Extension Svc.
Home Demonstration Work

Keep up the

PLEASE RETURN FORM BELOW TO: LOIS E. HARRISON, Home Demonstration Agent, Safford, Arizona by NOVEMBER FIRST, 1948



Dear Homemaker:

In order that your County Extension Office and the State Extension Service, which serve the rural homemakers in an educational way, may have an account of what foods homemakers are preserving, please fill out the table below:

The information on home preserving food which you indicate will be used in the County, State, and National summaries of home preserving food.

We all appreciate the importance of home preserving....let's all make a good showing of our food patriotism!

Sincerely yours,

Lois E. Harrison
Lois E. Harrison

Home Demonstration Agent

FOOD PRESERVATION OF 1948

NAME: _____ ADDRESS: _____ NUMBER IN FAMILY: _____

	:	:	:	:	:
	:	Fruits	:	Vegetables	:
Quarts canned	:	:	:	Meats &	:
	:	:	:	Fish	:
	:	:	:		Spoilage
Gallons brined	:	:	:	:	:
	:	:	:	:	:
Pounds dried /2	:	:	:	:	:
	:	:	:	:	:
Pounds cured /3	:	:	:	:	:
	:	:	:	:	:
Pounds stored	:	:	:	:	:
	:	:	:	:	:
Pounds frozen /4	:	:	:	:	:
	:	:	:	:	:

- 2/ The weight finished product after drying
- 3/ The weight product before curing
- 4/ Include contents locker plants and home freezer units
- 5/ Do not include vine matured peas and beans

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RADIO TALK - August 14, 1948 - FREEZING VEGETABLES

Good afternoon, homemakers

Last week we talked about the home freezing that so many of you are doing these days, but we had time to really discuss only 2 fruits - strawberries and peaches. Those two gave you a sample of each of the general kinds of fruits we freeze - the small, whole fruits, and the large, fleshy fruits that are cut in preparation.

So this week we'll go over the rules relating to vegetables. You may want pencil and paper today too. First of all we know we want tender, fresh vegetables, and we want to prepare them for freezing just as soon as possible after they're picked. Sweet corn, green beans and others lose their fine, fresh flavor quickly, so we do want to handle them without delay.

Vegetables to be frozen are blanched for a certain length of time to lessen the action of enzymes. The enzymes help, all right, in the growth and ripening of the vegetables, but then they keep right on acting after the product has reached maturity, and they cause the food to lose color, vitamins and flavor. These changes will go on, even after the vegetables are frozen - unless the food is scalded beforehand - scalded at the right temperature and for the right length of time. So this is one step that is absolutely necessary when freezing vegetables - even though it is not when doing fruits--if you want a product that is good in color and still nutritious in vitamin content.

You may do the scalding in boiling water or in steam. Leafy vegetables, such as spinach, must be done in boiling water so that they are evenly heated through. Be sure to use a large kettle with plenty of water - at least a gallon - so that the food can be completely immersed. Steam blanching is best for all vegetables except the leafy ones. To steam scald, you need a kettle with a tight lid and a rack to hold the scalding basket 1 or 2 inches above the boiling water. Use an inch or two of water in the kettle. Cover the kettle and keep the heat high.

Correct blanching is really the most important step. Under-blanching is probably worse than none because it stimulates the enzymes. Over-blanching drains out the color, flavor, vitamins and minerals. So be sure to follow precisely the blanching time directions for each individual vegetable. For example green beans are to be blanched 2 to 3 minutes, whole grain corn 5 to 7 minutes.

After scalding, all vegetables should be cooled just as quickly as possible in cold or iced water. This stops the cooking. It usually takes as long to chill as to scald.

All vegetables are packed for freezing without seasoning. That answers one of the questions I mentioned last week. Covering them with water or a brine solution is not only unnecessary, but results in a poorer product. Sweet potatoes are an exception to the rule, because sugar is added.

Packaging should be done quickly, all the air possible being removed. Then the freezing should be done just as soon as possible.

Let's see how these rules apply to corn. Whole kernel corn is most successful for freezing. Many may like to freeze corn on the cob, but it takes up a great deal of valuable freezer space, and it does not have the flavor of fresh corn on the cob. Husk, wash or scrub the ears in cold water. Dip the corn in rapidly boiling water for 7 minutes. Cover the kettle to hold in the steam. Cool in iced or cold running water for 7 minutes. Cut the corn off the cob, being sure not to cut too deep. Pack loosely into your containers, to within 1/2 inch of the top. Close and seal the cartons, label and freeze. Remember to leave air space around each carton as you set it in the freezer unit.

The firm bodied vegetables are the ones commonly frozen. Watery vegetables, such as tomatoes, lettuce, celery have not been frozen satisfactorily.

Another time we'll talk about freezing poultry and meats. Just now if you don't have your copy of the U.S. Dept. of Agriculture bulletin "Home Freezing of Fruits and Vegetables" be sure to write or come in for it at my office in the Courthouse in Safford or the County Agent's office in Duncan.

In Graham County this past week we tested the gages and safety valves of pressure cookers. Many women were advised to get new gages or replacement parts for the safety valves. The testing shows that pressure cookers do need attention. We gave out instruction sheets on the care of cookers, and the U.S. Dept. of Agriculture bulletin entitled "Home Canning of Fruits and Vegetables". Keep in mind that you all can get that bulletin too, at my offices. You ladies in Greenlee County have the pressure cooker testing day still coming - next Monday, August 16th. Bring the lid only of your cooker to the office in Duncan.

So the best of luck to you homemakers in both your freezing and canning....we're glad you folks were with us today. We'll look for you and your friends next week.

III. PROJECT ACTIVITIES AND RESULTS

E. Food Selection and Preparation

Food Selection was studied as a part of the project on Meal Planning, but it was not a project in itself. The introduction to food selection and buying made in the nutrition project has resulted in Food Buying and Preparation being set up in next year's program. The high cost of food has made everyone aware of the shortcomings in buying knowledge and nutrition knowledge. A survey of the local food stores reveals that prices range greatly among stores of one town and among towns of the county. Therefore it is expected that a study of prices and qualities will be of high interest. In some towns there is no choice of shopping possibilities.

The nutrition project of the past year did not include the preparation of food, it dealt with the planning of meals. However, the plan for the coming year states clearly that all lessons dealing with foods study will include food preparation. It must be that women have turned a cycle again and are genuinely interestēd in nutrition and cooking - which has not been the case since the war. Specific items of study next year will be one dish meals, main dishes, and use of left-overs.

Requests about the purchase of pressure saucepans, stoves, and refrigerators show that women are serious about nutritious and economic cooking and serving of food. At least one radio talk was given during the year about cooking in a pressure saucepan. Nutritious preparation of food was emphasized as well as the ease and economy of pressure cookery.

Ordinarily at each pot luck club dinner or afternoon refreshment hour there is a discussion of food preparation. It is a subject on which women repeatedly instruct ~~each~~ other.

Food selection or preparation was the theme of the following articles published in the home demonstration agent's column "Housekeeping Helps and Hints":

Tips on carving
When we have to look at left-overs
How will you start? (breakfast)
Middle American veal rolls
Superb and homey dish from middle America
What about carrots?
Citrus delights
Sweet potatoes make excellent desserts
Make a hit with the family (cookies)

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Stews make thrifty meals
Cooking potatoes under pressure
Cook rice the way you want it
Winning ways with apples
Buying fruits and vegetables
More tips on buying fresh produce
Conservation tips
New USDA cook book
Survey on citrus juice
Miss Potato of 1948
Cantaloupes
Picnic Foods
Food for families with school children
Coconut dessert
Picnic time
Cook meat according to cut
How do you like your celery?
Sour? (use of sour cream)
Venison needs proper care in cooking
How good is an egg?
A Thanksgiving Theme
The turkey and his vegetable companion
Cranberries in the spotlight

III. PROJECT ACTIVITIES AND RESULTS

F. Health and Safety

There is attention paid all the time to the high percentage of fluorine in local water supplies. Although the town of Duncan has not installed a filter system for general water supply, the number of individual families who install their own private filters is increasing greatly. On the average four samples of drinking water are sent to the state testing laboratory each month.

The subject of fluorine in the water was discussed at the fall council meeting, and a concentrated study of the condition is one of the county club projects for the coming year. It is planned that the Extension nutritionist and a health sanitarian will assist in the program. Demonstrations will be given on the use of home filters.

Although the county board of supervisors has put forth effort to secure the services of a county visiting nurse, the position has not been filled. There is one school nurse - in Morenci. The Phelps Dodge mining plant has its own doctors and nurses, which means that most families in the mining area have easily obtained medical service. The southern part of the county has to rely on medical service from Safford or towns in New Mexico.

The number of cases of undulant fever in the county has brought the importance of pasteurized milk to the foreground. Local dairies do pasteurize their milk, but families who use milk from their own cows in many cases use raw milk from untested cows. After discussion of the problem in the fall council meeting, a study of Food laws of Arizona was set up as a project for next year. Accent is to be given to safe milk and meat. Home pasteurization of milk will be demonstrated.

Safety was emphasized in the teaching of home cleaning of clothing. Only approved cleaning solvents were recommended, and warnings were given that all cleaning must be done out of doors on the ground.

Safety publicity has been issued through posters and the newspapers. One radio talk advised the safe use and care of pressure cookers and saucepans. The column of the home demonstration agent in the local paper always carries a "Safety Tip".

Lois E. Harrison
Greenlee County
1948

Articles about Health and Safety published in the
"Housekeeping Helps and Hints" column of the home demon-
stration agent were as follows:

When using pressure cookers
Proper canner operation
Know what the label means

Samples of the "Safety Pays" tips follow this report
section.

SAFETY PAYS: Keeping medicine in bottles without labels is criminally negligent. Never take medicine from an unlabeled bottle, or in the dark.

SAFETY PAYS: Are stairways clear of boxes, mops, brooms, tools, etc? Are they adequately lighted? Are stair treads a contrasting color from floors and landings?

SAFETY PAYS: Stay on the tractor seat while the tractor is moving. The man who jumps off to make adjustments while the tractor is moving is flirting with death.

III. PROJECT ACTIVITIES AND RESULTS

G. Family Economics and Home Management

The club project for the month of April was Home Cleaning of Upholstery and Clothing. The home demonstration agent received private assistance from both the home management and clothing specialists so that she might carry out the project. No leader training meeting was held; the home demonstration agent handled all meetings of the month. Because one club missed the lesson, the project has been carried over into next year's program as a project which clubs may choose as their own special interest. There may be new clubs affiliating that would want the lesson too. Safety warnings were given for the use of cleaning solvents. Women have reported that they are no longer reluctant to attempt home dry cleaning of either clothing or furniture, now that they have seen for themselves that it can be done satisfactorily and reasonably safely.

The Kitchen Storage project was handled by the lay leadership system. The home demonstration agent held two leader training meetings - one in May, one in June. She had previously received instructions from the home management specialist, and was furnished much illustrative material. The first phase of the project taught the making of convenient cabinet arrangements. Step shelves, horizontal and vertical partitions, and drawer dividers were featured. Illustrative materials and tools were passed about among the groups for the lesson. The second phase of the project dealt with suitable arrangements of kitchen equipment. Step studies and "kitchen travelogues" proved to be of keen interest. Plans of the "Sater" kitchen were issued upon request. Leader reports show that the ideas of more efficient kitchens have taken root.

As a sample of what can be done, one woman has made the following changes in her own kitchen:-step shelves in her dish and food cabinets, a sliding tray in her drawer for silver and kitchen cutlery, a protective knife rack hanging on the wall, a paring knife slot-block in her cutlery drawer. Another homemaker has been able to rearrange her kitchen equipment so that eating in the kitchen is more convenient. One woman rearranged her kitchen so that the refrigerator could be in the kitchen instead of out on the back porch. Women who have been exposed to this kitchen storage study will find themselves using certain parts of their new learning for a long time to come.

One house tour was made by the Duncan Club ladies to the new house one of the club members was building. They

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studied the possible kitchen arrangements and made suggestions to the owner. This tour served as a demonstration lesson in kitchen planning.

The interest in housekeeping brought the request for Pest Control information. This will be a project for next year's study. It is hoped that the Extension entomologist will assist in this project.

Holiday decorations and handwork for home furnishings is to be the subject of one lesson in the coming year.

Articles of Family Economics and Home Management which appeared in the home demonstration agent's newspaper column were as follows:

Know what the label means
Care needed in washing gloves
Mend your pots and pans
Brass, copper or iron, take care of it in your home
Enamelware and agateware, steel, tin and glass care
Take care of aluminum and chromium
Take care of your linoleum

Radio talks which dealt with Home Management were as follows:

Kitchen and Household Pests
How to select a new sewing machine
Washing and ironing clothes
Current Projects - Kitchen Storage Hints

III. PROJECT ACTIVITIES AND RESULTS

H. Clothing and Textiles

Studies in Clothing and Textiles for the past year have been highlighted in tailoring. A store window display was made in Duncan in December, 1947, showing children's tailored clothing made by women under the supervision of the state Extension clothing specialist and the home demonstration agent. Eight women completed the project in which they made tailoring equipment, learned suitable fabrics and designs, and learned construction techniques. Pictures of garment fitting and garments follows this report section. A news article telling of the tailoring successes follows this report section.

This particular project in the Duncan area resulted in a similar one being carried on in the neighboring community of Virden, New Mexico. Because there is no home demonstration agent serving Virden, a representative was sent from the New Mexico state office to teach the course.

A second tailoring project as a special interest was carried in the fall months of 1948. A copy of the letter announcing the first meeting of the school follows this report section. The making of women's coats and suits was taught - again under the tutelage of the clothing specialist. Because of wide publicity and keen interest, twenty-eight women reported for the initial lesson. The ladies were divided into two class sections, all of whom are completing their garments in November. The ladies have chosen fabrics of excellent quality, and have been very meticulous in their construction techniques and choice of findings. Pictures of garments made in the course follow this report section. The savings in money realized by ladies who completed the school is very impressive. Figures from 12 women show over five hundred dollars saved - or \$25.60 on an average per woman.

Due to the fact that so many sewing leaders have been trained in the tailoring classes, they will take it upon themselves to teach the remodeling of clothing in the coming year in organizations which choose to do such work.

The clothes consciousness of women is expressed in next year's work under the heading of "making the best of appearances". Special emphasis is to be given to foundation garments. Care of fabrics in relation to laundering and pressing is the lesson topic of another club study for the coming year.

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Three projects are set up for 1949 study as local special interests. Since some clubs have missed certain recent sewing projects, they may choose "pattern alterations" and "children's clothing" to replace projects for which they have less need.

Handwork teaching has been done mainly by local leaders. Most clubs chose to learn textile stenciling. One leader, who is a specialist in stenciling in her own rights, served several clubs.

"Housekeeping Helps and Hints", the column of the home demonstration agent in the local paper, has published the following articles about Clothing and Textiles:

Pointers for a pin-up girl
Women's opinion on cotton
Treat rayon cloth gently
Take care when choosing socks
Care needed in skirt making
Dress up your last year's dress
Do you know your rayon?
Does that slip fit?
Shoe costs analyzed
Autumn brings collar back



Mothers fitting their
children's tailored
garments.



Roy Moffett wearing tailored
suit made by his mother
Mrs. Dessie Moffett.

Tailoring School Results Given

Several women in the Duncan and Franklin communities are stretching the family clothing budget by learning to make coats and suits for children. Through the efforts of Mrs. Lois Harrison, home demonstration agent, a tailoring class was organized in September. Miss Helen Church, extension clothing specialist, University of Arizona, trained these women who are clothing leaders in their homemakers' groups or other organizations. These women in turn will pass on the information to others in their organizations.

The women either purchased new wool or renovated garments, not in use and made garments for their children. A series of four meetings were held where women learned techniques of cutting, fitting, pressing and constructing, which are essential in good tailoring.

Here are some samples of what the ladies accomplished. Mrs. Dessie Moffett, who sews for four children, had a hard time deciding which coat to make first. Roy, the three-year-old son, now has a navy blue serge coat made from a discarded pair of trousers. Mrs. Moffett says the garment would have cost her at least \$10 and probably she would never have found fabric of the high quality found in these trousers.

Little Sharron Merrell's mother purchased a light blue wool flannel for Sharon's coat and trimmed it with narrow bands of brown fur. Sharon is so proud of the over shoulder bag that is part of her costume. The complete outfit could not be purchased under \$35, but Mrs. Merrell's cost was only \$6.57 plus, of course, her time.

Mrs. Morine Zumwalt chose to make from an old coat a coat for her niece, Mary Ann Hext. To brighten it, she applied applique felt flowers down the front.

The coats and suits of the following children were on display in Duncan in the Merchantile window last Friday and Saturday: Roy Moffett, Kathleen Kennedy, Martha Ewing, Sharron Merrell and Mary Ann Hext. The extension service wishes to thank M. W. Coon for making the window display possible.

COOPERATIVE EXTENSION WORK
IN
AGRICULTURE AND HOME ECONOMICS

University of Arizona
College of Agriculture
U.S. Department of Agriculture
and Graham County Cooperating

State of Arizona

Agricultural Extension Work
Home Demonstration Work
County Agent Work

Safford, Arizona

September 16, 1948

Dear Homemaker:

Your name has been entered on our list for the school for the making of "Adults' Tailored Clothing".

The first meeting will be:

GREENLEE COUNTY, Tuesday, September 21st, 10:30 A.M. County Agent's
Office, Duncan

GRAHAM COUNTY, Wednesday, September 22nd, 10:30 A.M. Thatcher Relief
Society Hall

The morning session will cover selection of fabrics and designs; the afternoon session will include a demonstration of making tailoring equipment, and the taking of body measurements necessary for purchasing patterns.

Please bring the following:

1. Notebook
2. Pencil
3. Patterns or designs considered
4. Sample of fabric - if already selected
5. Two (2) tape measures
6. Sack lunch

Sincerely yours,

Lois E. Harrison

Lois E. Harrison
Home Demonstration Agent

LEH:lg



Mrs. Vinita Brooks showing
her tailored suit partially
completed.

III. PROJECT ACTIVITIES AND RESULTS

I. Recreation and Community Life

The York Homemakers' Club is still the best example of Recreation and Community Life stemming directly from Extension Service. The women of the two ranch communities, which this club serves seldom get together except for their club. They have one purely social meeting and one lesson meeting each month. In addition they have steak and weinie roasts in the summer, card parties in the winter for their husbands and families. The Plantsite club also has two meetings each month - one for a social gathering, one for a lesson. All clubs have seasonal picnics or parties.

Several of the ladies of the Duncan Club have started to work, which left only a few to carry on by themselves. Since Franklin and Duncan are so close, it has been arranged for the Duncan women to join the other club. In this way there will be a large enough group. It may be that women from the Luntgille community will also meet with the Franklin club. Interested ladies of three communities would then be active in one club.

A Christmas subject letter and greeting was sent to 85 women of the county. It served as an accent to holiday festivities. A copy of the letter follows this report section.

Country Life Conference for rural women of Arizona, held at the state university in June, was a recreational and educational highlight. Transportation proved to be the main problem which kept ladies at home. Even at that, some went on the bus and were satisfied that they had made the effort. Eight women attended, representing three communities of the county. The various activities of the conference were entered into by all, and they reported a pleasant and challenging three days. It is hoped that these conference-goers will spread the word among their clubs and wards to bring even greater interest for another year's conference.

A meeting of the county Cattle Growers' Association held in Eagle Creek in August was an event of community and county friendship. The home demonstration agent was happy to make the acquaintance of many whom she had not met before. This meeting, above all others, brought families together from all corners of the county.

The forming of a "Cowbelles" section of the county Cattle Growers' Association has made for a much more united feeling among rural women.

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The newly formed County Homemakers' Council has laid out for itself county-wide projects for next year. Committees have been appointed to look into county endeavors which the council may endorse and promote, encourage the board of supervisors to appoint two women to the county fair commission, and to see that a representative is chosen in each community who will be responsible for getting articles from that community in to the county fair.

Two projects of the county program for 1949 reflect community and county interest - the fluorine in water supplies, and safe milk and meat.

The home demonstration agent attended the Cochise county fair to serve as a judge. The agent was happy to attend in order that she might gain information and suggestions for the Greenlee county fair.

The home demonstration agent assisted the superintendent of the Domestic Arts section of the county fair. The agent tried to see to it that entries were made from all communities. Mimeographed entry lists were sent out earlier than the official premium book in order that ladies could know what to prepare. The home demonstration agent collected items from some isolated communities from which folks did not plan to attend the fair. The superintendent, who had served in the same capacity last year, did a splendid job. Ladies who assisted her were loyal and efficient. The handwork section of the display far surpassed in comparative quantity the foods section. However, it is felt that enough interest was gained so that next year a more equal distribution will be exhibited. Physical equipment for the fair was improved, and plans for additional changes are already in the making for next year's fair. At the close of the fair, the women's superintendent and the home demonstration agent went over the fair entry list and revised it for next year's use. Notes were made of all suggestions and changes which might improve next year's event. State fair entries were made directly from the county fair, and the superintendent took care of their transportation to Phoenix. One project of the 1949 program is instruction in what constitutes suitable fair entries.

There has been excellent cooperation on the part of church, school and private organization officials in providing the use of rooms and buildings for Extension Service meetings and schools. The home demonstration agent serves whenever possible in any community activity.

COOPERATIVE EXTENSION WORK
IN
AGRICULTURE AND HOME ECONOMICS
STATE OF ARIZONA

University of Arizona
College of Agriculture
U. S. Department of Agriculture
and Graham County Cooperating

Safford, Arizona

Agricultural Extension
Service
Home Demonstration Work
County Agent Work

December, 1947

Dear Homemaker:

We thought you might find some of these suggestions helpful for making your Christmas a merry one.

Christmas Eve: a time for reverence, for the mystery of a star still shining-



Hang a welcoming star on your front door made of glossy red cardboard. Wire a large silver ribbon bow in the center of the star, and fasten Christmas greens at the back.

Christmas Morning: a time for giving, for the warmth of one sharing with another -

Welcome gifts can be made right in the kitchen. What about giving a squatty green cookie jar filled with all sorts of fascinating cookies, or a brightly painted tray piled high with powdery date bars? Or perhaps your friends would appreciate beautifully wrapped jars of orange marmalade. For other friends, you might choose from among these ideas - lacquered tin of salted pecans, a fat round plum pudding, or a tall slim bottle of French dressing with the recipe thoughtfully pasted on the side. A beautifully packed box of candies might be just the thing for another friend. The candy may be packaged in jugs, pitchers, make-up boxes, or flower bowls.

Christmas Dinner: a time for togetherness - which tended carefully can encircle the world -

If you are in need of some candle holders for your Christmas decorations, try using the metal case in which adhesive tape is packaged. The "hole" is just the right size for a candle. Clever use of greens will conceal the candleholder in the arrangement.



Sincere thanks for your loyalty to Extension Service through the year, and our best wishes for a happy holiday season.

Sincerely,

Lois E. Harrison
Home Demonstration Agent

LEH:lg

III. PROJECT ACTIVITIES AND RESULTS

J. Home Beautification

The month of September was set aside for the project work of Home Beautification. The Extension horticulturist was in the county to assist families through visits and meetings on the problems of home plantings. A meeting of the combined York and Plantsite clubs, and one of the combined Duncan and Franklin clubs were very worth while. Colored slides which showed Arizona grown flowers and shrubs convinced the women that they can beautify their homes.

Home visits which the horticulturist and home demonstration agent made were to families with whom work had been done some two years ago. Calls were made also at the homes of families who now have new houses or new lawns to be taken care of. Advice was given for the care of fruit and nut trees as well as for ornamental plantings.

Work has been done in the Duncan-Franklin area on the removal of decayed and damaged cottonwood trees - work which the horticulturist had advised. This project has served two purposes - getting unsightly old trees out of the scene, and making possible flood damage less.

The horticulturist talked on one radio program, instructing about planting and care of lawns, ornamental trees and shrubs. One other radio talk concerned the same subject.

IV. OUTLOOK

Now that a County Homemakers' Council has been formed, and is taking some of the responsibility for an Extension program, the home demonstration agent thinks that all the county will take a more active part. The temporary officers elected are good workers, and the agent feels that they will prove a great help to the program. Since these women are of both homemakers' clubs and L.D.S. Relief Societies, there should be an even greater integration of the two programs. Since club and Relief Society leaders are in many cases the same women, Extension Service education is bound to reach nearly all families. The home demonstration agent would like to see organizations of churches other than the L.D.S. take advantage of the teaching which Extension can give.

During the past year much more interest has been evidenced by the women of the mining area of the county. It has been the desire of the county supervisors that Extension work be done with these ladies. Since the one club has been organized in Plantsite, requests have come in from Clifton and Morenci. It is the hope of the home demonstration agent that early in the coming year work may be in progress in these communities.

Because lay leadership gained so much in the past year, the agent hopes that it will continue even better in the coming year. Ladies in the several organizations have come to see that leadership is necessary, and in the coming year it may be that leaders who will serve may be easier to find.

If the leadership system does develop as hoped, it will be possible to set up new homemakers' clubs. Depending on leaders for the clubwork, the home demonstration agent would be able to make more home visits to those women in other communities who cannot or do not attend meetings.

Next year's program includes projects in all four fields of homemaking - nutrition, clothing, house and home, and health. They will be carried out through club projects, special interest schools, local special interest projects, and county council activity. Extension education will be given by method and result demonstration, discussion meetings, circular letters, bulletins, news articles, radio talks, and home or office personal contacts. The program outlined for 1949 is a challenge to the home demonstration agent. It will call for clear thinking, good planning, and ready cooperation.

To facilitate project work with women in the remote areas of the county, the home demonstration agent plans to carry on by correspondence during the winter months. There are ladies in each community who could receive bulletins and written instructions and carry on for their groups very successfully.

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The program carried during the past year by the home demonstration agent has been very heavy, even though there was the aid of a junior assistant home demonstration agent for the summer months who took care of 4-H club work. It is hoped that at least that much assistance may be continued next year. As far as the work of the two county unit is concerned, however, the only answer to truly efficient service in both adult and 4-H Extension work would be a division of the unit. There is enough work and demand in each county for a full time home demonstration agent. There are tentative plans for several new Homemakers' clubs to be formed in the coming year, as well as more 4-H clubs. What the women of the county want next year in training from the Extension Service evolves into a program even heavier than last year's. It is the hope of the home demonstration agent that assistance will come by a division of the two county unit.

V. 4-H CLUB WORK

A. County Situation

There are 10 recognized communities in the county, in 5 of which 4-H club work has been done in the past year. This is the first year that 4-H clubs have been conducted entirely out of the schools. According to statistics there are approximately 390 rural boys and girls in the county over the age of 10 years. It has always been true that in this county girls leave 4-H clubs after they get into high schools. Therefore, most 4-H training is given to younger girls. It is hoped that with the continuance of the out-of-school clubs more older girls will stay in club work.

Club work of any kind other than 4-H is summed up in the Girl Scouts, and that organization is not so active as the Boy Scouts. Girls and boys both are very well organized in their respective LDS church groups. There is a special training group for every age level. The other churches do not carry their organization so far.

Recreational facilities in the county are limited mainly to those of the schools and churches. Each school has a good activity program for young folks during the school year. The churches carry extra programs during the summer months. In addition there have been in the towns of Duncan and Clifton community recreational programs for the summers. The Red Cross has been active in providing activities for both adults and children in Duncan. Swimming and games make up the greater portion of the programs. It is generally considered that the youth have enough community interests to keep them busy in the larger towns. The outlying small towns, however, do not have so many advantages.

The potential leadership to be found in the young people should be good. All youth of the LDS church are trained in leadership. Many of them are in 4-H club work which should allow for the two types of training to result in excellent leadership. As our 4-H program builds up the community type basis, surely some of the girls now in clubs will continue to serve as leaders. When school teachers can no longer be relied upon as 4-H club leaders, young girls who have been trained in the 4-H way will take over. They will, no doubt, be more ready to do so than mothers of the present who feel at a loss because they do lack training.

Agriculture in the county restricts itself to the raising of two main crops - cotton and hay. There is little in the way of garden crops or fruit in the lower part of the county. If there were more water for irrigation, the land would be very productive for small garden crops. In the northern part of the county there is a fair amount of fruit grown. Each family there has its own garden and fruit

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orchard. One dairy in the lower valley provides the local supply of milk. Ranching and cattle raising are also industries of the county. The average farm income for the county as reported for the year 1945 in the United States Census of Agriculture is \$3568.

The churches and schools in each community serve as centers for any interest. Each school has its own library, and there are two larger libraries - one in Clifton and one in Duncan. Hospital and medical facilities are very meager, there being one hospital only, the company hospital of the Phelps Dodge Corporation. This company has its own doctors, and there are two doctors in Duncan. Most families rely on medical facilities of Safford or Lordsburg.

B. Summary

A statistical summary of activity in girls' 4-H club work in the county for the past year shows:

- 5 out of the 10 communities had 4-H clubs
- 3 clubs - all out of school
- 4 leaders - all lay leaders
- 3 leader training meetings
- 30 club members
- 40 projects
- 2 achievement days
- 1 county fair
- 1 state round-up
with
- 7 girls and 1 leader attending
- 2 girls attending sectional 4-H camp
- 10 radio programs
- 18 news articles

The county 4-H program was converted to an out-of-school organization. Only lay leaders were used for the first time. Training was given to these volunteer leaders along subject matter and organizational lines. Projects were carried in cooking, canning, freezing, sewing. Clubs were classified as either cooking or sewing, although individuals carried more than single projects. Clubs arranged with their leaders their programs of study and recreation. County events were participated in by all clubs. 4-H club work in a community has meant that the youth have had a chance to learn homemaking with other of their own ages, cooperation on the part of mothers, the challenge to work cooperatively together outside of school, to develop leadership, and a chance to put each community in the limelight of county activities. The 4-H club in one community has meant that the mothers have become much more closely knit in that they help with transportation and recreation for all meetings. A summary by months of 4-H club work for the past year follows this report section.

4-H PROJECT SUMMARY BY MONTHS County Greenlee
for period
January 1, 1948 to January 1, 1949

MONTH	PROJECT WORK	NO. SPECIAL- LIST DAYS
January	Demonstration and Judging training	
February	Preparation for National 4-H Week	
March	National 4-H Club Week Leader training - demonstrations, judging, showmanship	3(LTM)
April	Preparation for Achievement Day	
May	County Achievement Day Training for State Round-up	
June	State Round-up Reorganization of clubs	
July	Concentrated project work Summer camp	
August	Project work Preparation for County Fair	
September	Preparation for County Fair, State Fair	
October	County Fair Leader training - subject matter	
November	State Fair	
December	National Club Congress	

C. Organization and Planning

Clubs were organized according to two different approaches. One was that a group of girls reported that they wanted to start a club. Thereafter the home demonstration agent and key ladies of the particular community contacted possible club leaders, or the girls themselves found a leader. The agent found that the women of the adult Homemakers' clubs were very helpful in securing leaders. The other method by which clubs were started was that the mothers of a community decided that their girls should have the benefits of 4-H club work, and assisted in finding a leader. The latter method really proved more successful. When the interests of the mothers were with those of the girls, things developed more easily. All clubs were established on an out-of-school basis with lay persons as leaders. There were no school clubs. Numbers of members fell, as would be expected. There are no mixed clubs. When the community type clubs are better established, there will be opportunity for mixed clubs. A county map which follows this report section shows the location of girls' clubs.

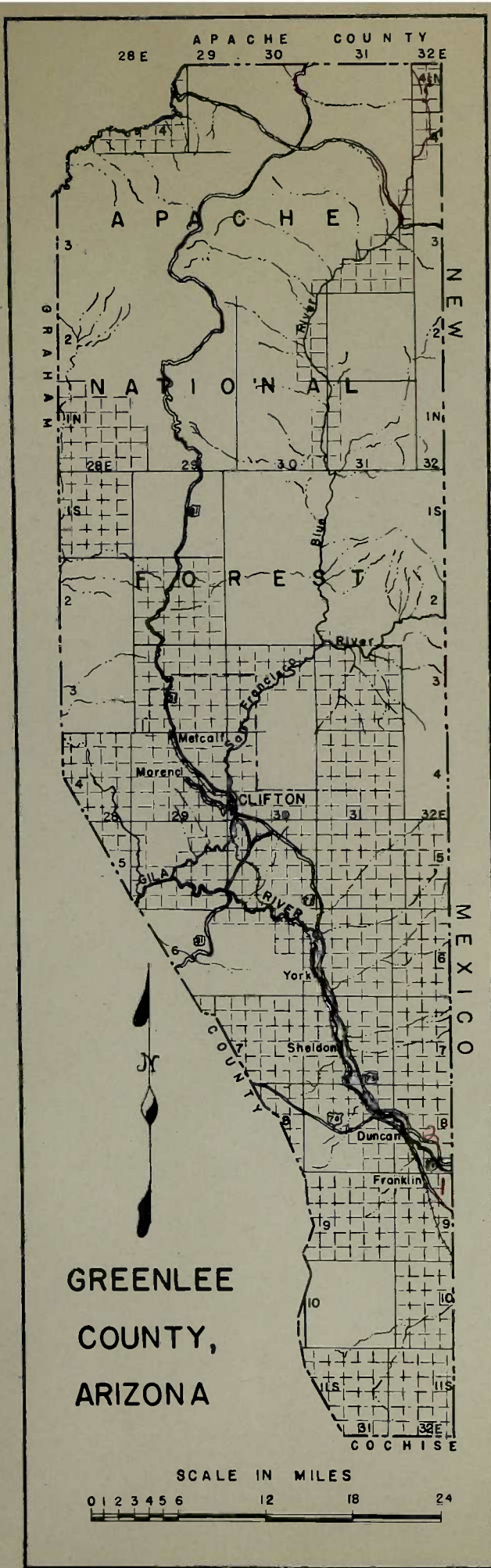
The Homemakers' clubs have been most helpful in giving support to the 4-H program. They have assisted in the matters of leadership, meeting places, and community projects. The several schools of the county have been cooperative in furnishing rooms for county achievement days, and club meetings. The Masonic Order has also furnished rooms.

The home demonstration agent has visited club members' parents. Club training was explained to the mothers, cooperation and interest on their parts were urged. Some mothers were shown particular sewing techniques so that they might help their daughters according to 4-H methods of construction. The judging of food and sewing articles was discussed with mothers so that they might help in the training of their youngsters. When mothers, leaders and the home demonstration agent all teach young girls the same things in the same ways the result is uniformity which does help the children. When mothers feel that they are helping with the 4-H program in their own homes, they have a greater interest. The parental interest in the county, however, has not risen to the degree that many mothers attend county 4-H functions. Some do attend achievement days, but not so many as is desirable.

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1948

Club work in the county is run on a program of vertical project work in the summer months when girls are out of school, and horizontal work during the school year. Since the clubs are entirely out of school, the girls have more time to devote to project work in the summer. An achievement day is held at the close of the summer session. During the summer, clubs meet ordinarily every week, during the winter they meet usually once a month. A summary of club work by months and by projects for the coming year follows this report section.

The home demonstration agent attended a state 4-H policies conference at which various problems of the program were discussed. Club and membership requirements were revised. The status of health as a project or an activity was a subject of much debate. Standards for the junior leadership project were set up. Conclusions drawn at this meeting were issued later to all county agents. This agent was very pleased to sit in this particular conference and hear at first hand the considerations toward better 4-H work.



4-H PROJECT SUMMARY BY MONTHS County Greenlee
for period
January 1, 1949 to January 1, 1950

<u>MONTH</u>	<u>PROJECT WORK</u>	<u>NO. SPECIAL* LIST DAYS</u>
January	Horizontal Project Work	
February	Horizontal Project Work Preparation for National 4-H Week	
March	National 4-H Club Week Celebration	
April	Demonstration and Showmanship training for leaders and members	2(LTM)
May	Demonstration and Judging training preparation for State Round-up	
June	State Round-up Reorganization of clubs	
July	Concentrated, Vertical Project Work Summer Camp Leader Training	1 or 2(LTM)
August	Project Work Achievement Day	
September	Preparation for County Fair	
October	Participation in County Fair	
November	Participation in State Fair	
December	Recreation National Club Congress	

4-H PROJECT SUMMARY County Greenlee
for period
January 1, 1949 to January 1, 1950

PHASES OF 4-H CLUB WORK	PROBLEMS SELECTED	WHEN
Organization and planning	New 4-H clubs. Program planning and execution	June Year
Food Preservation - canning	Canning	Summer
Freezing	Freezing	Summer
Food Preparation - meal planning	1st, 2nd, 3rd yr. projects	Summer
Home Furnishings - Room Improvement	Room improvement	Summer
Home Management - Streamlining Housework	Records	Year
Clothing	1st, 2nd, 3rd, 4th 5th yr. projects	Year
Health - Safety	Health as a project rather than an activity	Summer
Recreation	Club parties and Achieve- ment Day County Fair State Fair	Year October November
Junior Leadership	Secure 1 junior leader	
Judging	Training and Practice for leaders and club members	April and May
Demonstration	Training and Practice for leaders and club members	April and May
Breakfast Contest	Practice and Participation in State Round-up	May and June
Fairs	Co. Achievement Day County Fair State Fair	August October November

D. Enrollments and Completions

There were 21 members enrolled in sewing clubs, 13 of whom completed. There were 9 members enrolled in cooking clubs, 7 of whom completed. These figures show that two-thirds of all enrollees completed 4-H projects. A chart which follows this report section shows that enrollments and completions by projects.

A graph which follows this report section shows the enrollments and completions over a five year period. When a study is made of certain factors reflected in this graph it affects future plans.

PROJECT SUMMARY

Arizona Meals the 4-H Way
First Year

Arizona Meals the 4-H Way
Second Year

Making Your Home More Attractive

First Year Clothing

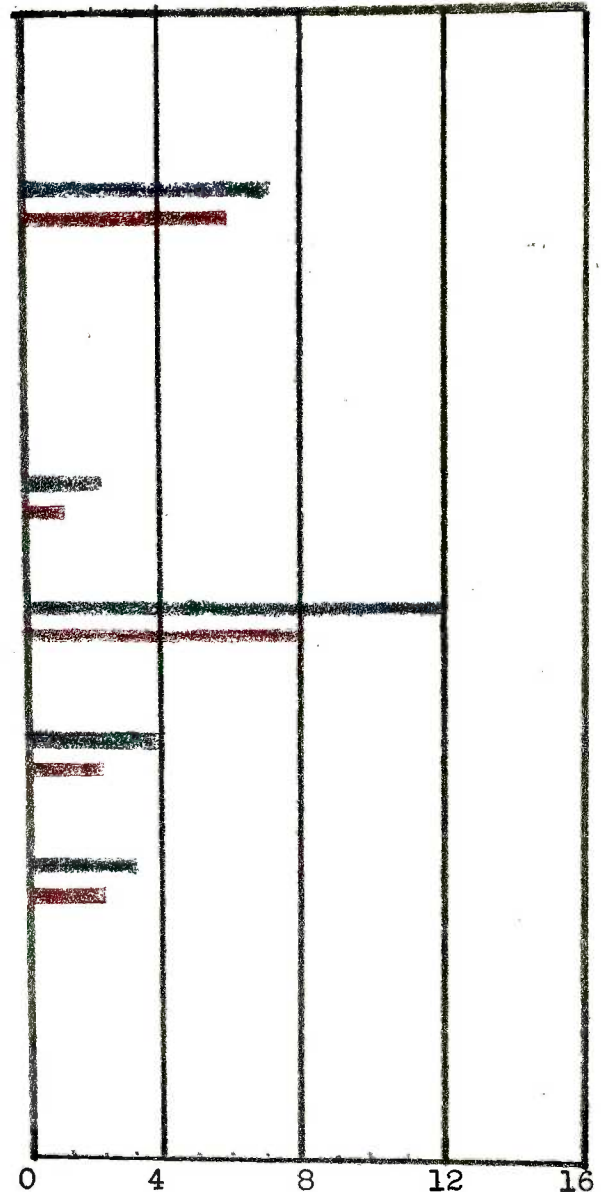
Second Year Clothing

Third Year Clothing

Fourth Year Clothing

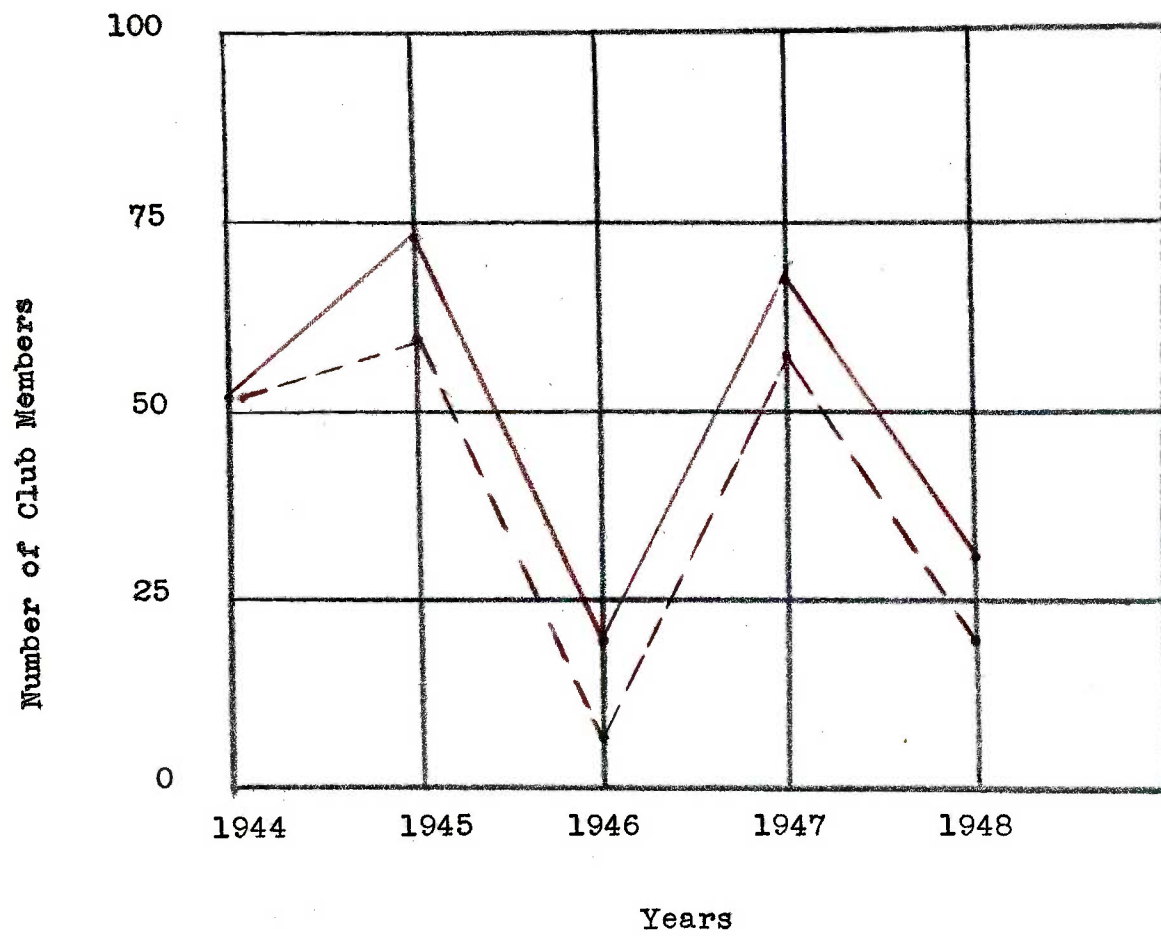
Fifth Year Clothing

Number of club members



Enrolled █

Completed █



— Enrolled
- - Completed

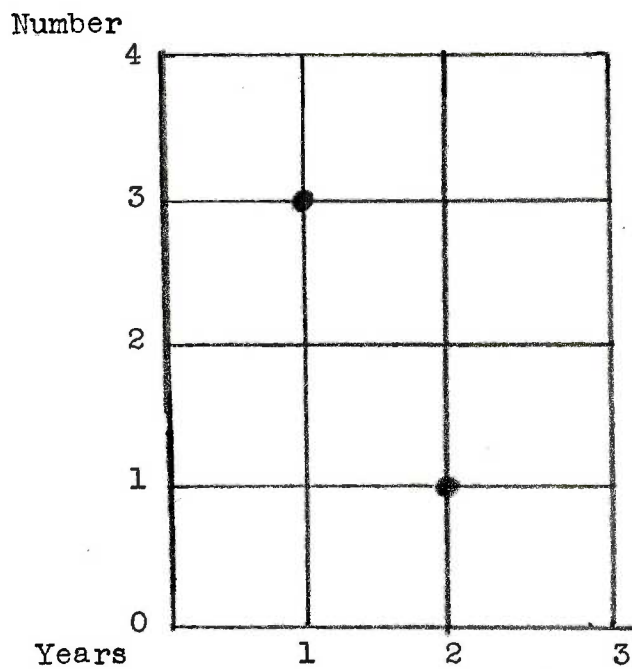
E. Leadership of 4-H Club Work

Leaders for 4-H club work have come in the past year from lay persons. Of the four women serving, all were mothers. Only one had previously served, due to the fact that school teachers had been leaders in the past. Now that lay persons are leaders, new people have been called on to serve. A graph which follows this report section shows the number of leaders who have served one or more years. These leaders were secured by their being asked by the home demonstration agent or key persons of Homemakers' clubs. In some cases leaders were secured by girls or their mothers doing the asking.

A leader training meeting was held on each phase of the 4-H program - one on organization and planning, one on subject matter, one on demonstrating and judging. The state 4-H staff assisted in these training sessions, taking over the particular fields of teaching. After any training meeting the leaders felt more confident to carry on with their girls. The more that they carried out suggestions made at the training sessions, the more sure of themselves they were. A letter announcing one leader training meeting follows this report section.

Leaders have not practiced the making of written club programs according to the plans offered by the state 4-H personnel. All leaders have not come to see the value of a written plan. Illustrative materials were furnished to leaders by the home demonstration agent. Charts, posters, books and sewing construction samples or charts made the bulk of this teaching tool. The junior assistant home demonstration agent made a very complete sewing construction sample kit which was passed around to clubs constantly during the summer months. Home visits were helpful to both the agent and the leaders. Some club leaders were members of adult Homemakers' clubs, which meant that they received much as an adult club member that they used as 4-H leaders.

Years of Service of 4-H Club
Leaders as of 1948



COOPERATIVE EXTENSION WORK
IN
AGRICULTURE AND HOME ECONOMICS
STATE OF ARIZONA
—
SAFFORD

UNIVERSITY OF ARIZONA
COLLEGE OF AGRICULTURE
U. S. DEPARTMENT OF AGRICULTURE
AND GRAHAM COUNTY COOPERATING

AGRICULTURAL EXTENSION SERVICE
HOME DEMONSTRATION WORK
COUNTY AGENT WORK

March 15, 1948

Dear 4-H Club Leader:

As a 4-H club leader, would you like more help?
Would it be easier for you to train demonstration teams if you
get training yourself?
Do the girls in your club want to go to Tucson to the 4-H Round-up
this June?

There will be a 4-H Leader Training Meeting on Wednesday, March 24th
from 10:30 A.M. to 3:30 P.M. at the Home Demonstration Agent's Office
in Duncan.

The morning general session will be given over to Mrs. Kightlinger
and Mr. McKee, who will instruct on the general handling of clubwork.
The afternoon session will be given over to Miss Lincoln and Miss
Church who will instruct on judging, demonstration giving, and show-
manship. Foods club leaders may meet with Miss Lincoln, and clothing
club leaders with Miss Church.

This is just what we've been wanting - specific training which will make
you, as a club leader, confident and sure of yourself.

The girls' spring event this year will be a day of competition in judging,
demonstrations, and showmanship. So this training for you will help
your girls in this competition. Winners will represent the county at
the Round-up.

Lunch for all leaders attending this meeting is being arranged. Please
fill out and return the enclosed card so that I may know the number to
plan for. We will all eat to suit our own pocketbooks.

The specialists have an excellent program ready for us. Do make every
effort to attend.



Enclosure
LEH:lg

Sincerely,

Lois E. Harrison
Lois E. Harrison
Home Demonstration Agent

SPECIAL NOTE TO SEWING CLUB LEADERS: Please bring to the meeting 2 garments
that your girls have made - any garments. These will be used in the
judging training. Please bring also your small sewing equipment and
some scraps of cotton fabric for sample making.

LEH

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Lois E. Harrison
Greenlee County
1948

F. Local 4-H Club Programs

All leaders used their own methods of planning in advance the series of lessons and meetings. They used as a guide the project manuals. All of them knew how many meetings they would have in a summer session, what they would do in each meeting, and how they would prepare their girls for a coming achievement day and its contests.

All clubs devote a portion of each meeting to singing or a game. Occasionally they plan for and have a gathering for fun only. In the summer such a meeting is ~~xxx~~ usually for swimming or a picnic. During the winter months more meetings are devoted to recreation, since the heavy project work is over, and additional work is somewhat a repetition of the last project done.

In the past health has not been carried as a project, only as an activity of all club members. With the new set-up of a health project for individuals and clubs, there will be added emphasis on personal health.

Leaders are encouraged to make judging and the giving of demonstrations a part of each club lesson. The demonstrations are given by leaders sometimes, by club members at other times. Leaders often work with demonstration teams between club meeting days. The plan that is followed for cooking clubs is that a demonstration and judging are practiced at each meeting. Girls bring foods that they have cooked at home to be judged, and the demonstration shows them how to make the next food to be studied and prepared. In the sewing clubs demonstrations are given each time, and judging at some of the meetings. When any articles are completed general judging is done. Girls like to judge at all times, but there is a reticence in doing demonstrations. The latter is true especially for achievement days when girls know that they will be appearing before many more than their own club members.

G. 4-H Activities

Local club events are handled by the leaders; the club members and their mothers cooperating. If money is needed, it is given or earned by club members. Club reporters handle their own newspaper reporting of regular and special meeting.

County-wide events are held usually in Duncan, since it is the central town of 4-H work. School officials have been fine in their cooperation in allowing the use of the home economics department. The Masons have also given the use of their hall. Leaders and clubs always have special responsibilities as part of the day's program. There is never any money involved. Judges for the different contests are secured from among women of the county. Special training for these ladies has been put into practice during the past year, and it is found that they serve very satisfactorily. It is hoped that the program may build up a group of women who will be competent as judges at any time.

Ribbons are awarded at county events by the group method of three levels of perfection. It is regretted that more parents do not attend the county events. Samples of letters to club leaders and members concerning county-wide events follow this report section. News copy about the county round-up follow this report section.

A second achievement day was held at the close of the summer session of club work. It is described in the annual report of the junior assistant home demonstration agent. The account of summer camp is given also in the assistant's report.

The Greenlee County Fair gave a section for a display of 4-H articles. A club leader served as 4-H fair superintendent, and handled the arrangements for club participation.

Seven girls, one leader and the home demonstration agent attended the state 4-H Round-up. These girls who had won in local events did very well in the 5 state contests they entered. It so happened that all winners in county contests were from one club. These girls earned money to send their club members and leader to the state gathering. Transportation charges were added to the cost of the Round-up. A school bus was used to carry the entire delegation to the Round-up. A picture of the showmanship contest entrant follows this report section.

Lois E. Harrison
Greenlee County
1948

Five blue ribbon articles of the 4-H section of the county fair were sent to the state fair. All girls sent articles in the department of sewing.

Greenlee County is very happy that one of its 4-H girls won the state and national 4-H dairy foods individual demonstration contest. She will be given a gold watch presented by the Carnation Company, sponsors of the contest. She has been a 4-H club member for 5 years, carrying projects in both foods and clothing. Youngest child in a family of ten, she has used her 4-H training to help with her family work. '4-H has given me help in other things about the home', she wrote. 'Practically all every-day tasks have something to do with 4-H in a round-about way, and just keeping records of what you do, and doing work is not so unenjoyable when you have something to look forward to. I have enjoyed 4-H very much, and I hope that I will be able to go on', she continued in her record report. Articles about her honors appeared in the local newspaper "The Copper Era" and in the "Tucson Citizen".

COOPERATIVE EXTENSION WORK
IN
AGRICULTURE AND HOME ECONOMICS
STATE OF ARIZONA

University of Arizona
College of Agriculture
U. S. Department of Agriculture
and Graham County Cooperating

Safford, Arizona

Agricultural Extension
Service
Home Demonstration Work
County Agent Work

March 1, 1948



Keep
in
Step

Dear 4-H Club Member:

The celebration of National 4-H Club Week is right now - March 1 to 7. Newspapers and radio programs will feature endeavors and accomplishments of 4-H club members.

May I ask a special favor of you? One that will help you too?

Please see that your mother and father read the enclosed folder about 4-H clubwork. Then they will be more ready to help you with your club projects.

4-H Theme: "Creating Better Homes Today for a more Responsible
Citizenship Tomorrow".

Sincerely yours,

Lois E. Harrison

Lois E. Harrison
Home Demonstration Agent

Enclosure
LEH:lg

COOPERATIVE EXTENSION WORK
IN
AGRICULTURE AND HOME ECONOMICS
STATE OF ARIZONA
SAFFORD

UNIVERSITY OF ARIZONA
COLLEGE OF AGRICULTURE
U. S. DEPARTMENT OF AGRICULTURE
AND GRAHAM COUNTY COOPERATING

AGRICULTURAL EXTENSION SERVICE
HOME DEMONSTRATION WORK
COUNTY AGENT WORK

March 1, 1948

Dear 4-H Clubleader:

The celebration of National 4-H Club Week is right now - March 1 to 7. Newspapers and radio programs will feature endeavors and accomplishments of 4-H clubmembers.

Please read the enclosed folder concerning 4-H clubwork. Then see that parents whose children might be in 4-H clubs have the opportunity to read the folder.

All rural youth should have the chance to be members of 4-H clubs - with the interest and help of their parents.

4-H Theme: "Creating Better Homes Today for a more Responsible Citizenship Tomorrow."

Sincerely yours,

Lois E. Harrison
Home Demonstration Agent

Enclosure
LEH:lg

April 21, 1948

Dear 4-H Club Leader:

Our County 4-H Round-up will be held on Saturday, May 8th, in the Home Economics Department of the Duncan High School. Following is the program for the day:

10:30 A.M. Registration
Articles placed on Exhibit (only articles which
were not judged last fall)

11:00 Contest Judging

1st. yr. Cooking - Biscuits
2nd yr. Cooking - Muffins
3rd yr. Cooking - Canned Fruit

1st yr. Sewing - Fringed Article
2nd yr. Sewing - Slips
3rd yr. Sewing - Dresses

12:00 Picnic Lunch
12:30 Showmanship Contest
1:30 Demonstration Contest
2:30 Presentation
2:40 Dress Revue
3:00 State 4-H Round-up Announcement
Awards and Pins
3:30 Adjournment

Please have your club members' record books, club secretary's book, and the essays written by club members for the Reporter Contest in to my office by Monday April 26th. Please make a note on each girl's record book telling what project she is completing and what year pin she should receive.

On the day of Round-up we will need you to help make everything run smoothly.

Official judges will be ladies who have not been directly associated with any club.

Please be sure your club members know all about the day and what to do. Do urge all parents you know to come.

Sincerely,

Lois E. Harrison
Home Demonstration Agent

LEH:bjs

News Release
Lois E. Harrison
Home Demonstration Agent
Tp: Copper Era
Tucson Daily Citizen
For: May 11, 1948

LEADERS SHARE IN GREENLEE COUNTY ROUND UP

At the Greenlee County Round-up held in the Duncan High School Home Economics Department on May 8th 4-H club leaders who had served for one or more years were given 4-H leadership pins in recognition of their contribution in time and guidance of 4-H clubs for girls. 4-H leaders are all volunteer workers who take over the responsibility of training girls according to the project methods recommended by the Extension Service.

The following people received pins: Mrs. Marie Hatcher, Mrs. Ray Davis, Mrs. Isabel Nasson, and Mrs. Elizabeth Evans, all of Duncan.

News Release
Lois E. Harrison
Home Demonstration Agent
To: Copper Era
Tucson Daily Citizen
For: May 11, 1948

JUDGES CONTRIBUTE TO SUCCESS OF GREENLEE 4-H ROUND UP

The Extension Service appreciates the services of the judges who served to make awards to 4-H girls for exhibits and contests at the Greenlee County 4-H Round-up held in the Duncan High School Home Economics Department on May eighth.

These official judges were ladies who had not been directly associated with any 4-H club, and they served as follows:

Food exhibits	Mrs. Zula Wilson Mrs. Irene Kennedy
Biscuit Judging Contest	Mrs. Lulu Page
Muffin Judging Contest	Mrs. Dessie Moffett
Canned Fruit Judging Contest	Mrs. Frances Willis
Demonstration Conest and Showmanship	Mrs. Mildred Clark Mrs. Margaret Harmon



Wilma Daniels competing
in the state 4-H Round-up
Showmanship Contest

Lois E. Harrison
Greenlee County
1948

H. Outlook and Recommendations

It is the hope of the home demonstration agent that the out-of-school, or community type, clubs will continue to grow in popularity and service. Now that they have become established in the southern part of the county, interest should increase. It is much more difficult to secure lay leaders than it is to rely on the school teachers. However, the record of 4-H accomplishments has been excellent during the past year - when only lay leaders have served. Therefore, it may be easier in the future to find women who will take over the responsibilities of club leadership. The leader training program has been effective, and is planned for the coming year. With the assurance of training, lay leaders will have more confidence. It is hoped that before too long each community in the county will have its 4-H club. In some communities there may be arranged mixed clubs. Now that there is more activity among the boys in club work, the interest of the girls will no doubt grow.

Increased parent interest and cooperation is another hope and goal for the coming year. Accent will be placed on community achievement days, which should bring out more parents to see the progress made by their children. One county achievement day is planned for next year, by which entrants for state contests may be chosen.

The home demonstration agent will depend on the Homemakers' Council and the several Homemakers' clubs to assist with the securing of leaders. The project for clubs to earn money to defray some expenses of state round-up or camp will be continued. Club members will take part also in county and state fairs.

Because the county does have such a good record among its older girls for this past year, that should be an impetus for more older girls to stay in club work. Although the competition should not be emphasized above the all-round training, it is definitely a drawing card for many girls.

It is planned again that the heavy project work will be done in the summer months, with additional, horizontal training only in the winter. It is of great advantage to have an assistant for 4-H club work in the summer, and it is hoped that at least that arrangement may continue.